

From Old to New

A YEAR END EVALUATION

What is something I am proud of accomplishing in the last 12 months?
.....

What is one thing I regret not doing?
.....

What would I do different if I could do it again?
.....

Goals, Not Resolutions



Resolutions are desires and often get left in the dust. You must think through goals a bit more, on purpose:

Goals are

S - as specific as possible

M - can be measured

A - are actions (think action words, not “be” words)

R - are realistic

T - are time bound (give yourself a deadline for accomplishing that action!)

E - excite you!

R - are relevant to your season of life

So, what will you do in the coming year?

Answer the questions on the left, then use the space on the next page to record your goals for the next quarter or 12 months (however you like to plan).

Print it, save it, keep it where you can refer to it often, crossing things off as they happen and as a handy resource for planning your on-purpose action goals for the week/year/quarter.

If you need further help, I would suggest taking Michael Hyatt’s online class [5 Days to the Best Year Ever](#). A proven process for setting and accomplishing yearly goals.

Lifetime Goals

Think of this as your forever bucket list. What do you dream of accomplishing in your life time. Travels, accomplishments, awards... The first step to realizing a dream goal is to write it down.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.
- 21.
- 22.

If you need something to help you break down your goals into monthly or quarterly bitesize pieces, check out the free printable [goal planning sheets](#) in [this post](#).

Personal Accomplishment Goals

- 1.
- 2.

Personal Enrichment Goals

- 1.
- 2.

Spiritual Goals

- 1.
- 2.

Family Goals

- 1.
- 2.

Business Goals

- 1.
- 2.

Income Goals

- 1.
- 2.

Lifetime Goal Focus

- 1.
- 2.